

Tony Trongone

Superintendent of Schools

Registration Requirements for Students

Please bring the following documents with you to registration:

- 1. Birth Certificate Birth Certificate must have a raised seal on it.
- 2. Immunization record
- 3. Transfer card/transcripts and current report card if transferring from another state or district.
- 4. Proof of Residency
- 5. Online Pre-registration. Please print the confirmation page and bring with you.

Proof of Residency: Please provide four (4) forms (listed below) to demonstrate Residency.

1. <u>Homeowners</u>:

- □ One (1) Property tax bills, deeds, contracts of sale, mortgages, township bills (water, sewer, trash etc.)
- □ Three (3)-Voter registrations, licenses, permits, financial account information, utility bills, delivery receipts, and other evidence of personal attachment to a particular location

2. <u>Renters</u>

- □ Lease
- □ Three (3)-Voter registrations, licenses, permits, financial account information, utility bills, delivery receipts, and other evidence of personal attachment to a particular location

3. Military Living on Fort Dix

Housing authority permit or lease.
 <u>NOTE: School Option for Military Personnel will be enforced.</u>

4. <u>Residing with a Pemberton Township Resident:</u>

- □ Resident who owns the home must file an "Affidavit of Domicile" and proof of residency as a Homeowner.
- □ Residents who rent the home must provide a copy of their lease and an addendum by the landlord listing the additional person(s) living in the property.

5. Guardianship

□ Please provide all court documents pertaining to educational and/or residential custody.



Tony Trongone

Superintendent of Schools

Student's Name

I, ___

___, have been informed by the Pemberton Township

(residential parent/guardian)

School District that I can only register students in Pemberton Township Schools if I am a resident of Pemberton Township.

I am aware that any person who makes a false statement or permits false statements to be made for the purpose of allowing a non-resident student to attend Pemberton Township Schools, commits a disorderly persons offense pursuant to N.J. 18A: 38-1 and may be prosecuted by law.

I authorize Pemberton Township Schools to investigate and confirm any and all statements by me and used in the enrollment of the above student. If any information is false I am aware that enrollment in Pemberton Township Schools will be terminated.

| <i>A.</i> <u><i>By initialing I am stating:</i></u> 1. I am a resident of Pemberton Township | Initial one |
|---|----------------|
| 2. I am temporarily residing in Pemberton Township with a resident | |
| B. By initialing I am stating that I am the: | Initial one |
| 1. Parent/Guardian | |
| 2. Parent and/or guardian with residential custody (documentation provided) | |
| 3. Sole caretaker (non-parent/guardian) due to economic/family hardship | |
| C. By initialing I am stating that I understand: | <u>Initial</u> |
| 1. Any change in residency or custody will be reported immediately | |
| | |

Signature of Parent/Guardian

Date

District Official

Date

 Phone:
 609-893-8141 Ext.
 1003
 Fax:
 609-894-0933
 E-mail:
 ttrongone@pemb.org

 Office:
 One Egbert Street, Pemberton New Jersey
 08068
 www.pemberton.k12.nj.us

Pemberton Learning Community: Pursuing Excellence One Child at a Time



| JEFF HAVERS Assistant Superintendent for Elementary Preschool - 5 th grade | TONY TRONGONE Superintendent |
|---|---------------------------------|
| Home Language Survey Parent/Guardian Language Questionnaire | |
| Name: Age: | |
| [first] [middle] [last] Date of School Entrance | |
| Person completing the survey: [] Mother [] Father [] Grandparent [] Guardian [] Other | |
| Directions: Check or write in the correct response for each of the following questions abo | ut your child. |
| 1. What is the primary language did your child learn when he/she first began to talk? | |
| English Other [specify] | |
| 2. What language does the family speak at home most of the time? | |
| English Other [specify] | |
| 3. What language does the parent [guardian] speak to the child most of the time? | |
| English Other [specify] | |
| 4. What language does the child speak to his/her parent [guardian] most of the time? | 1 |
| English Other [specify] | |
| 5. What language does the child speak to her/her brothers and sisters most of the tin | ne? |
| English Other [specify] | |
| 6. What language does the child speak to his/her friends most of the time? | |
| English Other [specify] | |
| 7. In which language do you wish to receive school communication? | |
| English Other [specify] | |
| | |
| Signature: Date: [person completing the survey] | |
| | |

PHONE: 609-893-8141 Ext. 9-1027 FAX: 609-894-3109 EMAIL: jhavers@pemb.org Office: One Egbert Street, Pemberton, New Jersey 08068 • www.pemberton.k12.nj.us

Pemberton Learning Community: Pursuing Excellence One Child at a Time



| VERS Superintenden I - 5 th grade | t for Elementary | | | | TONY TR Superinter |
|--|---------------------|-------------------|--|----------------------------|------------------------------|
| | | Idioma | del Idioma usado en a de Padres/Guardia | | |
| [| Nombre] | [Inicial] | [Apellido] | | |
| Fecha de la e | entrada a la esc | uela: | | | |
| Persona que | completa la En | cuesta: | [] Madre | []Padre | [] Abuelo(a) |
| Direcciones: acerca de su | | scriba la respue | [] Guardián sta correcta para ca | [] Otro: da una de las | siguientes preguntas |
| 1. ¿ | Que idioma ap | rendió su hijo(a |) cuando empezó a | hablar por prir | mera vez? |
| l | ngles:[] Esp | añol: [] Otro | [Especifique cual]: _ | | |
| ى .2 | Que idioma se ł | nabla en su hog | ar la mayoría del tie | mpo? | |
| I | ngles: [] Esp | añol: [] Otro | [Especifique cual]: _ | | |
| 3. ;(| Que idioma le h | abla ustedes al | niño(a) la mayoría d | del tiempo? | |
| l | ngles: [] Esp | añol: [] Otro | [Especifique cual]: _ | | |
| 4. ¿ | ,Que idioma ha | bla el niño(a) co | on ustedes la mayor | ía del tiempo? | |
| I | ngles: [] Esp | añol: [] Otro | [Especifique cual]: _ | | |
| 5. į | Que idioma le l | habla el niño(a) | a sus hermanos(as |) la mayoría d | el tiempo? |
| I | ngles: [] Esp | añol: [] Otro | [Especifique cual]: _ | | |
| 6. ¿ | ,Que idioma ha | bla el niño(a) a | sus amigos la mayo | ría del tiempo | ? |
| I | ngles: [] Esp | añol: [] Otro | [Especifique cual]: _ | | |
| 7. ¿ | ,En que idioma | desea recibir co | omunicados de la es | scuela? | |
| I | ngles:[] Esp | añol: [] Otro | [Especifique cual]: _ | | |
| E | ïrma: [Persona q | | | Fecha: | |

PHONE: 609-893-8141 Ext. 9-1027 FAX: 609-894-3109 EMAIL: jhavers@pemb.org Office: One Egbert Street, Pemberton, New Jersey 08068 • www.pemberton.k12.nj.us

Pemberton Learning Community: Pursuing Excellence One Child at a Time

Pemberton Township School District STUDENT MEDICAL HISTORY

Since the health of a child can affect his/her ability to learn in school, please assist our school personnel in providing the following information:

Student Name

Birthdate

M F

CURRENT HEALTH INFORMATION - please answer all the following questions by circling Yes or No

| Y | N | Is your child now under the care of a physician for a medical or surgical problem? | | | | | | | | |
|------|--------|--|---|--|--|--|--|--|--|--|
| Y | Ν | Does your child have any physical limitations or restrictions? | | | | | | | | |
| Has | youi | r child ever experienced any of the following? | | | | | | | | |
| Circ | cle on | <u>e</u> | If yes, indicate date, details and medicine | | | | | | | |
| Y | Ν | Medical alerts/allergies | | | | | | | | |
| Y | Ν | Asthma | | | | | | | | |
| Y | Ν | Bee sting/allergy/sensitivity | | | | | | | | |
| Y | Ν | Food and/or other allergies | | | | | | | | |
| Y | Ν | Diabetes | | | | | | | | |
| Y | Ν | Frequent ear infections | | | | | | | | |
| Y | Ν | Frequent bladder or kidney infections | | | | | | | | |
| Y | Ν | Frequent nose bleeds | | | | | | | | |
| Y | Ν | Seizure disorder | | | | | | | | |
| Y | Ν | High blood pressure | | | | | | | | |
| Y | Ν | Heart conditions | | | | | | | | |
| Y | Ν | Concussion / head injury requiring medical treatment | | | | | | | | |
| Y | Ν | History of fainting with exercise | | | | | | | | |
| Y | Ν | Operations (not stitches for lacerations) | | | | | | | | |
| Y | Ν | Fractures (broken bones) or dislocations | | | | | | | | |
| Y | Ν | Speech problems | | | | | | | | |
| Y | N | Mental health concerns | | | | | | | | |
| | | Need for hearing aide/implant/ear tubes/hearing | | | | | | | | |
| Y | N | concerns | | | | | | | | |
| Y | N | Wears glasses and/or contact lenses/vision concerns | | | | | | | | |
| Y | N | Any chronic/serious illness not mentioned above | | | | | | | | |
| Y | Ν | *Medication at home or in school | | | | | | | | |

*If medication is needed in school, it MUST be brought to the health office in the original container with a physician's note. The child's parent/guardian is required to complete the Student Medication Permission form. Medication orders MUST be renewed EVERY year prior or participation in ANY activities (after school, field trips etc.) will be denied.

Hydrocortisone, Calamine/Caladryl and/or Triple Antibiotic ointments may be administered Y Ν Y

**Tylenol/Acetaminophen or Motrin/Ibuprofen given by the nurse every 4-6 hours Ν

**Our school physician has written orders for the nurse to give the recommended OTC manufacturer's dosage of Tylenol/Acetaminophen or Motrin/ibuprofen every 4-6 hours as needed for pain/fever with your permission. By signing this form, you herby release the Pemberton Township BOE and all school District personnel from liability.

I understand that relevant information regarding my child's health may be shared with the appropriate school personnel and other health care providers as necessary. In case of serious illness or injury, I request that the school contact me or the physician named. If neither is available, I give the school permission to make all necessary arrangements to obtain emergency care for my child including taking my child to the hospital. I will also call the school when my child is absent.

| Signature: | Date: |
|---------------|---------------|
| Home Phone: | Cell Phone: |
| Doctors Name: | Dr.'s Phone : |

Confidential

For Health Care Staff Only



Tony Trongone

Superintendent of Schools

Dear Parent/Guardian,

The New Jersey Department of Education code states that each student's medical examination shall be conducted at the "medical home" (family physician) and recorded on a form supplied by the school. If the student does not have a "medical home" (family physician), the district shall provide this examination at the school's physician's office or other appropriate facility. Southern Jersey Family Medical Center performs physicals and other medical services. You can make an appointment by calling 1-800-486-0131. A student's "medical home" is defined as a health care provider and that provider's practice site is chosen by the student's parent or guardian for the provision of health care.

Each student shall be examined as REQUIRED below:

- 1. All students ages 3-5 upon initial entrance to school (initial entrance may be pre-school or kindergarten within the state of New Jersey.
- 2. All new students from out-of-state within 30 days of entry.
- 3. Student's participation in sports (Intramural and Interscholastic) grades 6-12. Please see your School Nurse for the specific form that must be used or download it from the district website.

*(A student transferring in from outside of the United States may need to be tested for tuberculosis. Your child's School Nurse will notify you if this applies to your child.)

It is recommended that subsequent physicals be done:

- 1. Pursuant to a comprehensive Child Study Team evaluation, if recommended.
- 2. During the student's pre-adolescence fourth through sixth grade.
- 3. During adolescent (7th through 12th grade).

If you do not have a medical provider (family physician) for your child, please contact your school nurse for information. Thank you for your cooperation.

Parents/Guardians & Physicians:

- The sport physical may only be completed by a licensed physician, advanced practice nurse or physician assistant that has completed the <u>Student-Athlete Cardiac Assessment Professional Development</u> <u>Module.</u> (Per the Scholastic Student-Athlete Safety Act (P.L. 2013, c.71), N.J.S.A. 18A:40-1.1 & N.J.S.A. 18A:40-41d) It is recommended that you verify that your medical provider has completed this module <u>before</u> an appointment. If you do not have health insurance Southern Jersey Family Medical centers (609-894-1100) can provide services.
- The state required form is attached. This must be <u>filled out completely</u> by parent and physician. Incomplete forms will be returned and the student will be ineligible to participate in a sport until it is corrected.
- The Pre-Participation Physical Evaluation Form (4 pages) must be taken with you to your doctor's office. The parent completes the History Form/Supplemental History Form. Your physician must review the History Form/Supplemental History Form and then fill out the entire Physical Examination Form/Clearance Form.
- The Physical Examination Form/Clearance Form is good for 365 days or one calendar year. If your child's physical should happen to expire in the middle of the sport season, they will be allowed to finish/complete that sport only.
- Per NJ state law all sport physicals must be reviewed and approved by the school physician <u>prior to any</u> <u>tryouts or practice</u>. All paperwork must be completed and returned in a timely manner to ensure approval and eligibility for sports participation. The school physician will be available to sign the physical exam forms prior to the start of each season on his regular scheduled day <u>which is once a week</u>. If physicals are turned in after the school physician's scheduled day, there will be a turnaround time of 7 to 14 days. <u>PLEASE PLAN</u> <u>AHEAD AND GET YOUR COMPLETED PHYSICAL TURNED IN AT LEAST 2 OR MORE WEEKS PRIOR TO TRYOUTS.</u>
- Students with asthma, serious allergic reactions or diabetes are required by state law (N.J.S.A. 18A:40-12.3 & 12.8, N.J.S.A. 18A:40-12.5 & 12.6, N.J.S.A. 18A:40-12.11 through 12.15) to have action plans completed <u>every school year</u>. If these forms are not returned, your child will not be able to participate in <u>any</u> after school activities (sports, clubs and trips).
- The school district will provide written notification to the parent/guardian, indicating approval of the sports physical based upon review of the physical by the school physician, or must provide reason(s) for the disapproval of the student's participation.
- A Health History Update Questionnaire for Athletics must be completed every <u>90 days</u> or prior to a new seasonal sport (fall, winter, spring) per state law. The update informs us if your child has had any medical problems since his or her last physical. Explain all "yes" answers on parent form and a doctor's note may be required for clearance.
- All forms are available in the nurse's office/main office and can be downloaded from the Helen Fort/Newcomb Middle School's website, go to *Directory* then *Nurse's Corner*. High School forms can be downloaded from the Athletics Page on the high school's website.
- All physicals and medical forms must be turned into the <u>nurse's office</u>. This cuts down on lost paperwork. <u>We advise that you make copies for your records of any paperwork you send to the school</u>. We are unable to fax or make any copies for you.
- Parents and students must also sign that they reviewed the educational fact sheets on sports-related concussions and sudden cardiac death in young athletes, <u>before</u> any student participation in sports. This paperwork will be given out by the coaches. High school level requires additional paperwork.

Feel free to call us during the school calendar year at 609-893-8141, if you have any questions. For more informationplease review the state's website *Frequently Asked Questions* which are available at <u>http://www.state.nj.us/education/students/safety/health/services/athlete/faq.pdf</u>.

| Newcomb Middle School Nurse | EXT. 3505 | Fax 609-894-3128 |
|--------------------------------|-------------------|------------------|
| Helen Fort Middle School Nurse | EXT. 3011 | Fax 609-894-3127 |
| High School Nurses | EXT. 2043 or 2012 | Fax 609-894-3129 |

ATTENTION PARENT/GUARDIAN: The preparticiaption physical examination (page 3) must be completed by a health care provider who has completed the Student-Athlete Cardiac Assessment Professional Development Module.

PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep copy of this form in the chart.) Date of Exam

| Name | | | | Date of birth |
|------|-----|-----------|--------|---------------|
| Sex | Age | Grade | School | Sport(s) |
| | | | | |

Stinging Insects

Medicines and Allergies: Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking

Do you have any allergies?

Illergies?
Yes No If yes, please identify specific allergy below.
Pollens
Food

| Explain "Yes" answers below. Circle questions you don't know the answers to. | | | | | | | | | |
|--|-----|----|--|-----|----|--|--|--|--|
| GENERAL QUESTIONS | Yes | No | MEDICAL QUESTIONS | Yes | No | | | | |
| 1. Has a doctor ever denied or restricted your participation in sports for any reason? | | | 26. Do you cough, wheeze, or have difficulty breathing during or after exercise? | | | | | | |
| 2. Do you have any ongoing medical conditions? If so, please identify | | | 27. Have you ever used an inhaler or taken asthma medicine? | | | | | | |
| below: 🗆 Asthma 🔲 Anemia 🖾 Diabetes 🖾 Infections | | | 28. Is there anyone in your family who has asthma? | | | | | | |
| Other: | | | 29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ? | | | | | | |
| 4. Have you ever had surgery? | | | 30. Do you have groin pain or a painful bulge or hernia in the groin area? | | | | | | |
| HEART HEALTH QUESTIONS ABOUT YOU | Yes | No | 31. Have you had infectious mononucleosis (mono) within the last month? | | | | | | |
| 5. Have you ever passed out or nearly passed out DURING or | | | 32. Do you have any rashes, pressure sores, or other skin problems? | | | | | | |
| AFTER exercise? | | | 33. Have you had a herpes or MRSA skin infection? | | | | | | |
| 6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise? | | | 34. Have you ever had a head injury or concussion? | | | | | | |
| 7. Does your heart ever race or skip beats (irregular beats) during exercise? | | | 35. Have you ever had a hit or blow to the head that caused confusion, prolonged headache, or memory problems? | | | | | | |
| 8. Has a doctor ever told you that you have any heart problems? If so, check all that apply: | | | 36. Do you have a history of seizure disorder? | | | | | | |
| High blood pressure A heart murmur | | | 37. Do you have headaches with exercise? | | | | | | |
| High cholesterol Kawasaki disease Other: | | | 38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling? | | | | | | |
| 9. Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram) | | | 39. Have you ever been unable to move your arms or legs after being hit or falling? | | | | | | |
| 10. Do you get lightheaded or feel more short of breath than expected | | | 40. Have you ever become ill while exercising in the heat? | | | | | | |
| during exercise? | | | 41. Do you get frequent muscle cramps when exercising? | | | | | | |
| 11. Have you ever had an unexplained seizure? | | | 42. Do you or someone in your family have sickle cell trait or disease? | | | | | | |
| 12. Do you get more tired or short of breath more quickly than your friends | | | 43. Have you had any problems with your eyes or vision? | | | | | | |
| during exercise? HEART HEALTH QUESTIONS ABOUT YOUR FAMILY | Yes | No | 44. Have you had any eye injuries? | | | | | | |
| 13. Has any family member or relative died of heart problems or had an | 162 | NU | 45. Do you wear glasses or contact lenses? | | | | | | |
| unexpected or unexplained sudden death before age 50 (including | | | 46. Do you wear protective eyewear, such as goggles or a face shield? | | | | | | |
| drowning, unexplained car accident, or sudden infant death syndrome)? | | | 47. Do you worry about your weight? | | | | | | |
| 14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT | | | 48. Are you trying to or has anyone recommended that you gain or lose weight? | | | | | | |
| syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia? | | | 49. Are you on a special diet or do you avoid certain types of foods? | | | | | | |
| 15. Does anyone in your family have a heart problem, pacemaker, or | | | 50. Have you ever had an eating disorder? | | | | | | |
| implanted defibrillator? | | | 51. Do you have any concerns that you would like to discuss with a doctor? | | | | | | |
| 16. Has anyone in your family had unexplained fainting, unexplained | | | FEMALES ONLY | | | | | | |
| seizures, or near drowning? | | | 52. Have you ever had a menstrual period? | | | | | | |
| BONE AND JOINT QUESTIONS | Yes | No | 53. How old were you when you had your first menstrual period? | | | | | | |
| 17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game? | | | 54. How many periods have you had in the last 12 months? Explain "yes" answers here | | | | | | |
| 18. Have you ever had any broken or fractured bones or dislocated joints? | | | | | | | | | |
| 19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches? | | | | | | | | | |
| 20. Have you ever had a stress fracture? | | | | | | | | | |
| 21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism) | | | | | | | | | |
| 22. Do you regularly use a brace, orthotics, or other assistive device? | | | - <u></u> | | | | | | |
| 23. Do you have a bone, muscle, or joint injury that bothers you? | | | | | | | | | |
| 24. Do any of your joints become painful, swollen, feel warm, or look red? | | | - <u></u> | | | | | | |
| 25. Do you have any history of juvenile arthritis or connective tissue disease? | | | | | | | | | |

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete ______ Signature of parent/guardian

© 2010 American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine. Permission is granted to reprint for noncommercial, educational purposes with acknowledgment.

Date

PREPARTICIPATION PHYSICAL EVALUATION THE ATHLETE WITH SPECIAL NEEDS: SUPPLEMENTAL HISTORY FORM

| Date of Exam | | | | | |
|---------------------------------|------------------------------------|--|-----------------|-----|----|
| Name | | | Date of birth _ | | |
| Sex Age | Grade | School | Sport(s) | | |
| 1. Type of disability | | | | | |
| 2. Date of disability | | | | | |
| 3. Classification (if available | e) | | | | |
| 4. Cause of disability (birth, | disease, accident/trauma, other |) | | | |
| 5. List the sports you are in | terested in playing | | | | |
| | | | | Yes | No |
| 6. Do you regularly use a b | race, assistive device, or prosthe | tic? | | | |
| 7. Do you use any special t | orace or assistive device for spor | ts? | | | |
| 8. Do you have any rashes, | pressure sores, or any other ski | n problems? | | | |
| 9. Do you have a hearing lo | ss? Do you use a hearing aid? | | | | |
| 10. Do you have a visual imp | pairment? | | | | |
| 11. Do you use any special of | levices for bowel or bladder fund | tion? | | | |
| 12. Do you have burning or o | discomfort when urinating? | | | | |
| 13. Have you had autonomic | dysreflexia? | | | | |
| 14. Have you ever been diag | nosed with a heat-related (hype | thermia) or cold-related (hypothermia) illne | ess? | | |
| 15. Do you have muscle spa | sticity? | | | | |
| 16. Do you have frequent se | izures that cannot be controlled | by medication? | | | |
| | | | | | |

Explain "yes" answers here

Please indicate if you have ever had any of the following.

| | Yes | No |
|---|-----|----|
| Atlantoaxial instability | | |
| X-ray evaluation for atlantoaxial instability | | |
| Dislocated joints (more than one) | | |
| Easy bleeding | | |
| Enlarged spleen | | |
| Hepatitis | | |
| Osteopenia or osteoporosis | | |
| Difficulty controlling bowel | | |
| Difficulty controlling bladder | | |
| Numbness or tingling in arms or hands | | |
| Numbness or tingling in legs or feet | | |
| Weakness in arms or hands | | |
| Weakness in legs or feet | | |
| Recent change in coordination | | |
| Recent change in ability to walk | | |
| Spina bifida | | |
| Latex allergy | | |

Explain "yes" answers here

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete

_____ Signature of parent/guardian _____

Date

©2010 American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine. Permission is granted to reprint for noncommercial, educational purposes with acknowledgment. New Jersey Department of Education 2014; Pursuant to P.L.2013, c.71 NOTE: The preparticiaption physical examination must be conducted by a health care provider who 1) is a licensed physician, advanced practician nurse, or physician assistant; and 2) completed the Student-Athlete Cardiac Assessment Professional Development Module.

PREPARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION FORM

Name

EVAMINATION

PHYSICIAN REMINDERS

1. Consider additional questions on more sensitive issues

- Do you feel stressed out or under a lot of pressure?
- Do you ever feel sad, hopeless, depressed, or anxious?
- Do you feel safe at your home or residence?
- Have you ever tried cigarettes, chewing tobacco, snuff, or dip?
- During the past 30 days, did you use chewing tobacco, snuff, or dip?
- Do you drink alcohol or use any other drugs?
- Have you ever taken anabolic steroids or used any other performance supplement?
- Have you ever taken any supplements to help you gain or lose weight or improve your performance?
- Do you wear a seat belt, use a helmet, and use condoms?
- 2. Consider reviewing questions on cardiovascular symptoms (questions 5-14).

| EAGUINING | | | / | | | | | | | | | | | (|
|---|------------------|---------|---------|---------|-------|-----------|-------|-------|-------|----|------------|--------|----|---|
| Height | | | Weigl | ht | | Male | 🗆 Fen | nale | | | | | | |
| BP / | (| / |) | | Pulse | Vision F | R 20/ | | L 20/ | | Corrected | ПΥ | ΠN | |
| MEDICAL | | | | | | | N | ORMAL | | AE | BNORMAL FI | NDINGS | | |
| Appearance • Marfan stigmata (kyp arm span > height, h | | | | | | odactyly, | | | | | | | | |
| Eyes/ears/nose/throat Pupils equal Hearing | | | | | | | | | | | | | | |
| Lymph nodes | | | | | | | | | | | | | | |
| Heart ^a Murmurs (auscultation) Location of point of not point o | | | | alsalva | a) | | | | | | | | | |
| Pulses Simultaneous femora | I and radial | pulses | | | | | | | | | | | | |
| Lungs | | | | | | | | | | | | | | |
| Abdomen | | | | | | | | | | | | | | |
| Genitourinary (males on | ly) ^b | | | | | | | | | | | | | |
| Skin • HSV, lesions suggesti | ve of MRSA, | tinea c | corpori | is | | | | | | | | | | |
| Neurologic ° | | | | | | | | | | | | | | |
| MUSCULOSKELETAL | | | | | | | | | | | | | | |
| Neck | | | | | | | | | | | | | | |
| Back | | | | | | | | | | | | | | |
| Shoulder/arm | | | | | | | | | | | | | | |
| Elbow/forearm | | | | | | | | | | | | | | |
| Wrist/hand/fingers | | | | | | | | | | | | | | |
| Hip/thigh | | | | | | | | | | | | | | |
| Knee | | | | | | | | | | | | | | |
| Leg/ankle | | | | | | | | | | | | | | |
| Foot/toes | | | | | - | | | | | - | - | | | |
| Functional | 1 hop | | | | | | | | | | | | | |

ik, single leg nop

^aConsider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam.

^bConsider GU exam if in private setting. Having third party present is recommended. ^cConsider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion.

□ Cleared for all sports without restriction

| Cleared for all sports without restriction with recommendations for further evaluation or treatment for |
|---|
| |
| Not cleared |
| Pending further evaluation |
| □ For any sports |
| □ For certain sports |
| Reason |
| commendations |
| |

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, a physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/quardians).

| Name of physician, advanced practice nurse (APN), physician assistant (PA) (print/type) | Date |
|---|-------|
| Address | Phone |
| Signature of physician, APN, PA | |

©2010 American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine. Permission is granted to reprint for noncommercial, educational purposes with acknowledgment. HE0503

____ Date of birth __

PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

| Name | Sex 🗆 M 🗆 F Age | Date of birth |
|---|-------------------|---------------|
| □ Cleared for all sports without restriction | | |
| Cleared for all sports without restriction with recommendations for further evaluation or treatment for | | |
| □ Not cleared | | |
| Pending further evaluation | | |
| □ For any sports | | |
| □ For certain sports | | |
| Reason | | |
| Recommendations | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| EMERGENCY INFORMATION | | |
| Allergies | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| Other information | | |
| | | |
| | | |
| | | |
| | | |
| HCP OFFICE STAMP | SCHOOL PHYSICIAN: | |

| Reviewed on(Date) |
|-------------------------------------|
| Approved Not Approved Signature: |

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

| Name of physician, advanced practice nurse (APN), physician assistant (PA) | Date |
|--|-------|
| Address | Phone |
| Signature of physician, APN, PA | |
| Completed Cardiac Assessment Professional Development Module | |

Date_____ Signature_

©2010 American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine. Permission is granted to reprint for noncommercial, educational purposes with acknowledgment. New Jersey Department of Education 2014; Pursuant to P.L.2013, c.71

New Jersey Department of Health MINIMUM IMMUNIZATION REQUIREMENTS FOR SCHOOL ATTENDANCE IN NEW JERSEY N.J.A.C. 8:57-4: IMMUNIZATION OF PUPILS IN SCHOOL

| Disease(s) | Meets Immunization Requirements | Comments |
|-----------------------------------|---|---|
| DTaP//DTP | Age 1-6 years: 4 doses, with one dose given on or after the 4 th birthday, OR any 5 doses. Age 7-9 years: 3 doses of Td or any previously administered combination of DTP, DTaP, and DT to equal 3 doses | Any child entering pre-school, and/or pre-Kindergarten needs a minimum of 4 doses. A booster dose is needed on or after the fourth birthday, to be in compliance with Kindergarten attendance requirements. Pupils after the seventh birthday should receive adult type Td. Please note: there is no acceptable titer test for pertussis. |
| Tdap | Grade 6 (or comparable age level for special education programs): 1 dose | For pupils entering Grade 6 on or after 9-1-08 and born on or after 1-1-97. A child is not required to have a Tdap dose until FIVE years after the last DTP/DTaP or Td dose. |
| Polio | Age 1-6 years: 3 doses, with one dose given on or after the 4 th birthday, OR any 4 doses. Age 7 or Older: Any 3 doses | Any child entering pre-school, and/or pre-Kindergarten needs a minimum of 3 doses. A booster dose is needed on or after the fourth birthday to be in compliance with Kindergarten attendance requirements. Either Inactivated polio vaccine (IPV) or oral polio vaccine (OPV) separately or in combination is acceptable. Polio vaccine is not required of pupils 18 years or older.* |
| Measles | If born before 1-1-90, 1 dose of a live measles- containing vaccine on or after the first birthday. If born on or after 1-1-90, 2 doses of a live measles- containing vaccine on or after the first birthday. | Any child over 15 months of age entering child care, pre-school, or pre-Kindergarten needs a minimum of 1 dose of measles vaccine. Any child entering Kindergarten needs 2 doses. Intervals between first and second measles-containing vaccine doses cannot be less than 1 month. Laboratory evidence of immunity is acceptable.** |
| Rubella and Mumps | dose of live mumps-containing vaccine on or after the first birthday. dose of live rubella-containing vaccine on or after the first birthday | Any child over 15 months of age entering child care, pre-school, or pre-Kindergarten needs 1 dose of rubella and mumps vaccine. Any child entering Kindergarten needs 1 dose each. Laboratory evidence of immunity is acceptable. ** |
| Varicella | 1 dose on or after the first birthday | All children 19 months of age and older enrolled into a child care/pre-school center after 9-1-04 or children born on or after 1-1-98 entering the school for the first time in Kindergarten or Grade 1 need 1 dose of varicella vaccine. Laboratory evidence of immunity, physician's statement or a parental statement of previous varicella disease is acceptable. |
| Haemophilus influenzae B (Hib) | Age 2-11 Months: 2 doses Age 12-59 Months: 1 dose | Mandated only for children enrolled in child care, pre-school, or pre-Kindergarten: Minimum of 2 doses of Hib-containing vaccine is needed if between the ages of 2-11 months. Minimum of 1 dose of Hib-containing vaccine is needed after the first birthday. *** |
| Hepatitis B | K-Grade 12: 3 doses or Age 11-15 years: 2 doses | If a child is between 11-15 years of age and has not received 3 prior doses of Hepatitis B then the child is eligible to receive 2-dose Hepatitis B Adolescent formulation. |
| Pneumococcal | Age 2-11 months: 2 doses Age 12-59 months: 1 dose | Mandated only for children enrolled in child care, pre-school, or pre-Kindergarten: Minimum of 2 doses of pneumococcal conjugate vaccine is needed if between the ages of 2-11 months. Minimum of 1 dose of pneumococcal conjugate vaccine is needed after the first birthday. *** |
| Meningococcal | Entering Grade 6 (or comparable age level for Special Ed programs): 1 dose | For pupils entering Grade 6 on or after 9-1-08 and born on or after 1-1-97. *** This applies to students when they turn 11 years of age and attending Grade 6. |
| Influenza | Ages 6-59 Months: 1 dose annually | For children enrolled in child care, pre-school, or pre-Kindergarten on or after 9-1-08. 1 dose to be given between September 1 and December 31 of each year. Students entering school after December 31 up until March 31 must receive 1 dose since it is still flu season during this time period. |

New Jersey Department of Health

MINIMUM IMMUNIZATION REQUIREMENTS FOR SCHOOL ATTENDANCE IN NEW JERSEY N.J.A.C. 8:57-4: IMMUNIZATION OF PUPILS IN SCHOOL

* Footnote: The requirement to receive a school entry booster dose of DTP or DTaP after the child's 4th birthday shall not apply to children while in child care centers, preschool or prekindergarten classes or programs.

> The requirement to receive a school entry dose of OPV or IPV after the child's 4th birthday shall not apply to children while in child care centers, preschool or prekindergarten classes or programs.

- ** Footnote: Antibody Titer Law (Holly's Law)—This law specifies that a titer test demonstrating immunity be accepted in lieu of receiving the second dose of measles-containing vaccine. The tests used to document immunity must be approved by the U.S. Food and Drug Administration (FDA) for this purpose and performed by a laboratory that is CLIA certified.
- <u>*** Footnote</u>: No acceptable immunity tests currently exist for Haemophilus Influenzae type B, Pneumococcal, and Meningococcal.

Please Note The Following:

The specific vaccines and the number of doses required are intended to establish the minimum vaccine requirements for child-care center, preschool, or school entry and attendance in New Jersey. These intervals are not based on the allotted time to receive vaccinations. The intervals indicate the vaccine doses needed at earliest age at school entry. Additional vaccines, vaccine doses, and proper spacing between vaccine doses are recommended by the Department in accordance with the guidelines of the American Academy of Pediatrics (AAP) and Advisory Committee on Immunization Practices (ACIP), as periodically revised, for optimal protection and additional vaccines or vaccine doses may be administered, although they are not required for school attendance unless otherwise specified.

Serologic evidence of immunity (titer testing) is only accepted as proof of immunity when no vaccination documentation can be provided or prior history is questionable. It cannot be used in lieu of receiving the full recommended vaccinations.

Provisional Admission:

Provisional admission allows a child to enter/attend school after having received a minimum of one dose of each of the required vaccines. Pupils must be actively in the process of completing the series. Pupils <5 years of age, must receive the required vaccines within 17 months in accordance with the ACIP recommended minimum vaccination interval schedule. Pupils 5 years of age and older, must receive the required vaccines with the ACIP recommended minimum vaccination interval schedule.

Grace Periods:

- <u>4-day grace period</u>: All vaccine doses administered less than or equal to four days before either the specified minimum age or dose spacing interval shall be counted as valid and shall not require revaccination in order to enter or remain in a school, pre-school, or child care facility.
- <u>30-day grace period</u>: Those children transferring into a New Jersey school, pre-school, or child care center from out of state/out of country may be allowed a 30-day grace period in order to obtain past immunization documentation before provisional status shall begin.